

---

---

# The Racquet Report

---

5820 112<sup>th</sup> Street SW Tacoma, WA 98499

www.lakewoodracquetclub.com

January 2010

---

## Welcome New Members

Mikaela McManus-Jr Sgl

## USTA Ratings

NTRP year-end ratings are now out. You can see them on the pnw.usta.com website. Look under leagues, and then click on ratings. There is a lengthy explanation about the increase in the number of players who were bumped to a high rating this year. There are instructions for medical appeals, but very few appeals have been granted.

## Tournament Results

*Thanksgiving Challenger-Tac*

B12Scon-Philip Grenley-Winner

B14Scon-Philip Grenley-Winner

*Boeing NTR-Thanksgiving*

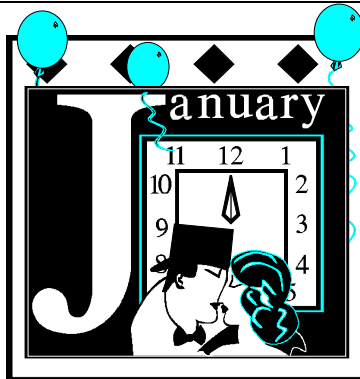
7.0 60+Dbls-Amy Ware-Winner

3.0 Sgl-Jean Radasovich-Finalist

## Tennis Etiquette

Here are a few reminders, which should help make everyone's tennis more enjoyable:

1. When you walk into the indoor courts at the court change time, please walk behind the curtain so that those on the court may finish their point.



Those who are playing on the court should finish their point and begin to walk off the court, rather than staying on to play more points. Do NOT walk behind court 8 to get over to court 9---it is distracting to the players on court 8.

2. When a ball rolls onto your court –pick it up and return it to the other court when they have completed their point. If you roll the ball onto their court while they are in the middle of a point, the players could trip over it and injure themselves. If you don't wish to wait for their point to be over.... put the ball in the corner on the back of their court.
3. Respect other players by remaining quiet o the courts. Loud conversation or constant movement in and out of the doors can be distracting to another court of players

## Coach's Corner

*Return Serves Deep to the Backhand*

When your opponent serves and stays in the backcourt, try to force him well behind his baseline with your return of serve. If you force him back, he'll have to make a long shot, one that must travel a long distance to land deep in your court. Place a majority of these deep returns to your opponent's backhand. Eight out of ten average players have weaker backhands than forehands, and the remaining two players cannot attack when hitting backhands from behind their baselines. Your tactics then should be as simple as this: make your opponent go backward to hit a backhand. When you succeed at this, your will already have begun to control the rally, which means, that you are already on your way toward winning the point.

## Junior Lessons Begin

Classes begin Friday, Jan 8 for juniors ages 6-9 at 3:45pm. Classes for ages 10-14, Tennis 101, begin Saturday, Jan 9 at 10:45. See Cindy/Greg for more information.